



ST. HELENA UNIFIED SCHOOL DISTRICT

Every Child, Every Day

COVID FAQs for SHUSD

Q. Do we still need to keep our children home if they have a symptom of COVID-19?

A. Yes, we continue to monitor the presence of COVID-19 in our schools. We will continue to alert you if your child has been exposed to someone with COVID-19 in school.

Q. If my child has symptoms of illness and tests negative for COVID-19 can they return to school?

A. They may return to school when they are fever free without the use of fever reducing medication, AND their symptoms have improved AND they are able to participate in all aspects of the school day. Please submit a copy of the negative COVID-19 test result to the school office.

Q. After testing positive, and isolating for five days, my student plans to return to school on day 6 is there anything I need to do?

A. Please provide your child's school a copy of the negative test result or a photo of the home test performed on or after day five.

Q. What if I retest my child on day 5 and they are still positive? Do I need to wait 10 days?

A. No, you can retest every day after day 5 and your child may return once they are negative, but please provide a copy of the test results to the school.

Q. What if my child tests positive after day 10?

A. Once a student completes 10 days of isolation they may return to school regardless of test results on day 11, provided they are fever free and their symptoms are improved.

Q. My child recently tested positive for COVID, completed their isolation period, and returned to school. Now they have symptoms again, what do I do?

A. Please keep your child home and have them tested again with a Rapid Antigen Test.

Q. When I receive an exposure notice for my child, and have them tested after school, do I need to submit the results of their test?

A. If they test positive, please follow the isolation protocol and notify their school. If your child continues to be asymptomatic, they may attend school, any SHUSD extracurricular activities and Boys and Girls Club. You do not need to forward their negative test result to your school. It is strongly recommended they wear a mask at school. Please monitor them carefully for any symptoms. If they develop symptoms, please keep them home and have them tested for COVID.

Q. My child has an ongoing medical condition that can look like a COVID symptom, how do I handle that with the school?

A. Please submit a note from your child's physician describing your child's symptom and explaining that they may continue in school with that symptom.

Q. When does isolation begin?

A. Day 0 is the first day of symptoms or the day positive test was performed, whichever comes first.



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Q. Do I need to submit proof of my child's positive test?

A. It can be helpful in determining exposures and the isolation period but it is not required.

Q. If one of my children tests positive do I keep my other children home?

A. The other children may attend school if they test negative and have no symptoms. It is strongly recommended they wear a mask while at school. They should be tested again between days 3-5, but please observe them very closely for any signs or symptoms of COVID prior to day 5. If symptoms develop, keep them home and test them for COVID-19.

Q. What is fully vaccinated?

A. Fully vaccinated is when a person has received both doses of the primary vaccine, and it has been 2 weeks since receiving the second dose.

Students who are 5 years and older may get a booster dose 5 months after their second dose of the vaccine.

- For school exposures a student only needs to be fully vaccinated (2 weeks post the primary set of vaccines). The school guidance is not currently requiring boosters, even for those eligible.
- If the exposure occurs outside of school and they are eligible for a booster then they would have to follow the general public guidance and quarantine if they are not boosted.